



## Tweeting Your Member of Congress



Twitter is an easy and effective way for constituents to communicate directly with their Members of Congress about issues that are important to them. Almost every Member of Congress has a Twitter account they use regularly. If you do not have a Twitter account, click [here](#) for instructions on how to create an account.

These are key steps for tweeting your Member of Congress:

1. Find your Member of Congress on Twitter. AADE has a list of Members of Congress on Twitter [here](#).
2. Draft a Tweet to your Member of Congress. Remember that your Tweets must be *140 characters or less*. Also, include the Twitter handle (example: @SenatorBaldwin) for your Member of Congress in the tweet.
3. If creating a Tweet about a specific piece of legislation, include the bill number (example: S. \_\_\_ or H.R. \_\_\_\_ ) and key points of the bill. Hashtags, such as #diabetes or #AADE are also useful.

### Glossary of terms:

**Twitter:** Twitter is an online social networking and microblogging service that enables users to send and read "tweets", which are text messages limited to 140 characters. Registered users can read and post tweets but unregistered users can only read them.

**Tweet:** A message posted via Twitter containing 140 characters or less.

**Twitter Handle:** A user's "Twitter handle" is the username that person has selected and the accompanying URL, like so: <http://twitter.com/username>.

**Hashtag:** People use the hashtag symbol (#) before a relevant keyword or phrase (no spaces) in their Tweet to categorize those Tweets and help them show more easily in a Twitter Search.